

REDUCING THE PHAGOCYTIC ABILITY OF MONOCYTES IN PATIENTS WITH MULTIPLE SCLEROSIS

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SMANJENJE FAGOCITNE SPOSOBNOSTI MONOCITA KOD PACIJENATA OBOLELIH OD MULTIPLE SKLEROZE

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Received / Primljen: 29. 05. 2008.



Accepted / Prihvaćen: 15.10.2008.

ABSTRACT

Multiple sclerosis (MS) is an immune-mediated disease of the CNS that is characterised by inflammation, demyelination, and axon loss. It is an autoimmune disorder involving inflammatory T cells (CD4+, CD8+) and auto-antibodies against myelin antigens such as myelin basic protein (MBP), proteolipid protein (PLP) and myelin oligodendrocyte glycoprotein (MOG). During the process of the autoimmune inflammatory attack in the CNS a large amount of apoptotic T cells is generated. Microglia and blood monocyte-derived macrophages play the most important part in the efficient clearance of these cells. Their ability to engulf the apoptotic cells efficiently is accompanied by an array of anti-inflammatory effects that are important in reaching the remitting phase.

We observed the ability of monocytes to efficiently clear apoptotic T cells in individuals with MS. It was found that the percentage of monocyte-induced phagocytosis of apoptotic lymphocytes as well as the phagocytic potential of monocytes significantly decreased ($p = 0.000$) in people with MS compared to healthy controls. Our results suggest that the reduction in the ability of monocytes to efficiently engulf a large number of apoptotic cells is connected to the inflammatory process in diseases such as MS.

Keywords: phagocytosis, monocytes, T cell, apoptosis, multiple sclerosis

SAŽETAK

Multipla skleroza (MS) je imunski posredovano oboljenje centralnog nervnog sistema (CNS) koju karakteriše zapaljenje, demijelinizacija i gubitak aksona. To je autoimunska oboljenja u kome učestvuju zapaljenjske T ćelije (CD4+, CD8+) i autoantitela prema antigenima mijelina, kao što su mijelinski bazni protein (MBP), proteolipidni protein (PLP) i mijelinski oligodendrocitni glikoprotein (MOG). Tokom ovog autoimunskog zapaljenjskog procesa stvara se veliki broj apoptotičnih T ćelija u CNS-u. Mikroglia i makrofagi (koji potiču od monocita) imaju najvažniju ulogu u efikasnom uklanjanju ovih ćelija. Njihova sposobnost da fagocituju apoptotične ćelije je praćena nizom antizapaljenjskih efekata. što je značajano za ulazak bolesti u fazu remisije.

U ovoj studiji smo pratili sposobnost monocita kod ljudi oboljelih od multiple skleroze (MS) da efikasno uklanjaju apoptotične T ćelije. Pronašli smo da je procenat monocitne fagocitoze apoptotičnih limfocita i fagocitni potencijal monocita značajno smanjen ($p = 0,000$) kod pacijenata oboljelih od MS-a. Ovakvo smanjenje sposobnosti monocita da efikasno fagocituju veliki broj apoptotičnih ćelija je povezano sa zapaljenjskim procesom u oboljenju kao što je MS.

Ključne reči: fagocitoza, monocit, T limfocit, apoptoza, multipla skleroza

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INTRODUCTION

Multiple sclerosis (MS) is an immune-mediated disease of the CNS that is characterised by inflammation, demyelination, and axon loss. Traditionally, MS is considered to be a CD4⁺ T helper 1 (Th1)-mediated disease (1, 2), but these T cells alone are not sufficient to produce the typical neuropathology of the disease (3, 4). It has been shown that MS is an autoimmune disease with a heterogeneity of pathogenetic mechanisms responsible for myelin destruction (5, 6). Myelin is damaged due to an autoimmune attack consisting of several pathways and molecules. The most impor-

tant myelin antigens are myelin basic protein (MBP), proteolipid protein (PLP) and myelin oligodendrocyte glycoprotein (MOG) (7-9).

In actively demyelinating lesions, T cells (CD4+, CD8+) and macrophages are dominant cells that participate in the inflammatory reaction (10 - 12). Apoptotic cell death of inflammatory T cells is an established mechanism to terminate an autoimmune inflammatory response in the rodent or human CNS. The apoptosis leukocytes lose the ability to release toxic components through receptor signals so that they are confined with-

